

ENVIRONMENT MONTH

JUNE 2022

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			Green Day 1	Earth Hour 2	World Bicycle Day 3	Neighbourhood Rummage Sale 4
World Environment Day 5	Mug Monday 6	Green Consumer Day 7	World Oceans Day 8	Get Outside 9	Clean Up Day 10	Family Yard Clean Up 11
Say "No" To Plastic 12	Canadian Rivers Day 13	Floral Day 14	Nature Photography Day 15	Zero Waste 16	CNC Employees Clean Up Day 17	International Picnic Day 18
Plogging Day 19	Old Appliances Pick Up Day 20	Indigenous People Day 21	Carpool 22	Employee Clean Up Day 23	Plant a Tree 24	Start Composting 25
Buy Nothing New Day 26	Meatless Monday 27	Old Electronic Pick Up Day 28	Old Paint Can Pick Up Day 29	Trash Free BBQ 30		



Below you will find for each day of the month a description of our daily activities. Also a list of resources that will encourage those to do their part in this year's Environment Month. We look forward to a successful turn out and remember; *"coming together is a beginning, keeping together is progress, working together is success"* – **Henry Ford**.

June 1st - GREEN DAY – Wear Green to show your support and kick off this year's Environment Month.

June 2nd - EARTH HOUR - the community of Chisasibi is encouraged to turn off the lights between the hours of 8:30 and 9:30pm to bring awareness to the environmental effects of energy consumption.

June 3rd - WORLD BICYCLE DAY - World Bicycle Day celebrates the uniqueness, longevity and versatility of the bicycle and promotes it as a simple, sustainable, reliable, fun and affordable means of transportation.

June 4th - NEIGHBOURHOOD RUMMAGE SALE – Give your junk a second life and the Earth will thank you!

June 5th - WORLD ENVIRONMENT DAY- This years theme for World Environment Day is **#GenerationRestoration**. Join the world today by making peace with nature, plant a tree, rewild the gardens, change your diet and clean up the rivers and coasts. Also, check out the website!

<https://www.worldenvironmentday.global/>

June 6th - MUG MONDAY - Opt out of using disposable coffee cups and sport your favourite mug to work today.

June 7th - GREEN CONSUMER DAY - Make an extra effort to buy or use eco-friendly products and encourage other to do the same today, and every day to reduce the impacts of shopping habits.



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June 8th - BLUE DAY/WORLD OCEANS DAY – Wear blue in honour of our Oceans. Ways to Celebrate World Oceans Day: Eat Sustainable Seafood. ...Reduce The Consumption of Plastic. ...Reduce Your Carbon Footprint and Energy Consumption. ...Participate and Organize Beach Cleanups. ...Travel Responsibly and Promote Coastal Tourism. ...Use Eco-Friendly Products. ...Support Marine Protection Foundations and Organizations.

June 9th - GET OUTSIDE – Studies show that time spent in nature makes us happier and healthier. It improves our mood and creates positive feelings. The more people experience nature, the more they appreciate, love and care for it. In these precious moments outdoors, feel the impact of the natural world and find the motivation to make simple changes to your habits. Bring along a bag the next time you go outdoors. Pick up litter and clean up your favourite natural spaces.

June 10th - CLEAN UP DAY – Cleaning parties organized by the Land and Environment department, we will clean different parts of the community while having a blast!.

June 11th - FAMILY YARD CLEAN UP – Get the family up and motivated to help make a difference in our yards and green spaces.

June 12th - SAY NO TO PLASTIC – Every year we abandon 8 million plastic garbage in water (as the UNEP leaders tell us). Not only are we responsible for the destruction of underwater habitats but also we're putting in danger the survival of entire species. Don't forget your reusable grocery bags today when shopping and say no to plastic bottles, straws, etc. to save our planet.

June 13th - CANADIAN RIVERS DAY - Canadian Rivers Day focuses on celebrating Canada's river heritage, encouraging the public to enjoy and appreciate it, and raising awareness of the importance of conserving and protecting Canadian rivers. Celebrations include various events such as picnics, canoeing, paddle-a-thons, nature walks and bicycle rides along rivers, etc.

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June 14th - FLORAL DAY – Flowers produce pollen that insects eat to pollinate the flowers which produces the fruits and vegetables we eat! Wear your favorite floral shirt, pants, or any other apparel to show your support for flowers!

June 15th - NATURE PHOTOGRAPHY DAY – Today is Nature Photography Day! Enjoy the outdoors today and celebrate its beauty by taking photos and posting your favourite on our Facebook Page or use the hashtag [#ChisasibiEnvMonth22](#)

June 16th - ZERO WASTE DAY – This is a campaign to reduce landfill waste, Eight Ways to Reduce Waste
Use a reusable bottle/cup for beverages on-the-go. ...Use reusable grocery bags, and not just for groceries. ...Purchase wisely and recycle. ...Compost it! ...Avoid single-use food and drink containers and utensils. ...Buy second-hand items and donate used goods. ...Buy in bulk to reduce packaging.

June 17th - CNC EMPLOYEE CLEAN UP – **CNC Employees** will clean their spaces or a green space of their choice.

June 18th - INTERNATIONAL PICNIC DAY – Enjoy a picnic with your family today! Don't forget to throw out your trash properly!

June 19th - PLOGGING DAY - What is plogging day? Plogging is exercising and picking up litter at the same time, join together in a group or do so individually to make a difference today. All you need are a pair of gloves, a garbage bag and good running shoes.

June 20th - OLD APPLIANCES PICK UP DAY – Call 5675 to request a pick up of your appliances (today only).

June 21st - NATIONAL INDIGENOUS PEOPLES DAY – Today is a day for everyone to recognize our Indigenous people. Our ancestors have lived sustainably for thousands of years making sure that each generation after them are entitled to the same resources and traditional activities that they practiced. How will you be celebrating National Indigenous Peoples day?

June 22nd - CARPOOL - Many of us drive to and from work daily, cutting our CO2 emissions is a great way to support this cause.

June 23rd - EMPLOYEE CLEAN UP DAY - Encouraging all entities and businesses to clean their spaces.

June 24th - PLANT A TREE - Learn how you can plant a tree here: <https://www.gardeners.com/how-to/tree-planting/8741.html>

June 25th - START COMPOSTING - Learn how you can compost here: <https://www.foodnetwork.com/how-to/packages/help-around-the-kitchen/how-to-compost>

June 26th - BUY NOTHING NEW DAY - Here are five strategies to help avoid buying new items: Wear out - don't replace items until they no longer perform their function... Fix - where possible, fix broken/torn items instead of replacing... Repurpose - do we already have something that can fulfill that item's usage?... Self-provision - can we make it ourselves from other materials?... Buy used - can we find what we need used instead of new.

June 27th - MEATLESS MONDAY - Enjoy a meal or a few without meat content. The water needs of livestock are significantly greater than that for produce and grains. Approximately 1,850 gallons of water are required to produce one pound of beef whereas approximately 39 gallons of water are needed to produce one pound of vegetables. In addition, swapping out meat once a week will help reduce greenhouse gases, as meat production produces significantly more greenhouse gases - carbon dioxide, methane and nitrous oxide - than vegetables. Finally, reducing meat intake will reduce fuel dependence. About 25 calories of fossil fuel is used to produce 1 calorie of meat, significantly more than the 2.2 calories of fossil fuel to produce 1 calorie of grain.

